

THIS IS A HOSPICE HOME.



THIS IS HEALTH CARE.



OSF[®]
HOME CARE SERVICES



THIS IS HEALTH CARE.

Hospice care and the OSF Mission

We've all been touched by the loss of a loved one at some point in our lives. And regardless of the situation, it's never easy. But when confronted with the reality that a loved one is facing an illness that is beyond cure, it's important to provide for them as compassionately as possible during their final days. This is the philosophy behind hospice.

In its purest sense, hospice embodies the OSF Mission of the Sisters of the Third Order of St. Francis, which says: *"In the spirit of Christ and the example of Francis of Assisi, the Mission of OSF HealthCare is to serve persons with the greatest care and love in a community that celebrates the Gift of Life."* Hospice is the essence of this and harkens back to the early days when the Sisters began their mission by providing care to the sick and the dying — sitting vigil day and night at the bedside of those in need. By focusing on their immediate needs instead of the disease, hospice is able to provide for their comfort and well-being of both the patients and family.

What is a Hospice Home?

A Hospice Home is a facility designed to meet the needs of terminally-ill patients who:

- Have symptoms that cannot be managed at home;
- Have only a short period of time left before they die and are unable to remain in their home;
- Need brief respite for the primary caregiver.

The Hospice Home staff will strive to relieve suffering, enhance comfort, promote quality of life and support family altering decisions for patients with life-limiting illnesses.

A Hospice Home facility provides:

- 24/7 nursing care
- Physician services
- Social Workers
- Personal Care Aides
- Pastoral Care, extensive spiritual and religious support
- Bereavement services to patient and family
- Volunteers

Designed to be the ideal home away from home, a Hospice Home provides patients and families the opportunity to focus on their relationship, while providing optimum medical attention in warm, comfortable surroundings with around-the-clock care. A Hospice Home is a place to live and accept life's end in peace, with comfort and dignity.



Why patients and families choose a Hospice Home

Facing a terminal illness is a difficult situation for anyone. While the comforts of home and family may be desired, what happens when the proper level of day-to-day care is unattainable in a home environment?

- What happens to the 85-year-old man, dying of congestive heart failure, with no children close to home and an ailing wife? Where does he go for the support he needs and desires?
- What about the 55-year-old woman dying of breast cancer whose husband and parents can no longer care for her? Where can they go for support?
- What is the best choice for the 42-year-old woman whose pain is so out of control that she is unable to get out of bed, nothing seems to be working, and she wants her pain controlled well enough for her to travel to visit her elderly mother who is confined to her home?



How do you know if placing a loved one in hospice care is the right thing to do?

- When there is not a family member to care for the patient at home
- When the patient requires around-the-clock care
- When the family or caregiver needs a time of respite from the care needs of the patient
- When a patient requires symptom or pain control that cannot be managed at home
- When a family or caregiver wants to provide the patient with the amenities of home and the clinical support needed for patients facing imminent death
- When a patient experiences complex problems, their physician can admit them to the Hospice Home for care versus an Emergency Room
- When a patient is suffering from acute-symptom pain and needs short-term pain management.



OSF Hospice Home - Peoria

The OSF Hospice Home is located near the OSF Center for Health on Route 91 in Peoria. The 16-bed facility is a spacious and patient-centered setting.

Amenities:

- Credentialed staff specializing in end-of-life care
- Two patient care wings with eight patient rooms in each wing
- Private patient rooms with couches and chairs for families who desire to stay 24 hours a day
- Warm family-like setting for patients and families
- Homelike décor and discreet medical support in each room
- Family room in each wing with a television, library and fireplace area
- Dining area for patients and their families (coffee, microwaves, refrigerator)
- Visitor showers and laundry room
- Children's play room with glass visibility and video monitoring
- Outdoor garden and walkway/play area
- Routine religious services
- Chapel that can be expanded to double capacity (for memorial services, church services, family weddings, etc.)
- Massage and Hydrotherapy room for patients
- Open access 24 hours a day
- Volunteer room
- Hospice team station in each wing
- Offices and meeting/education room for staff
- Internet area

Family quotes

"The chaplain was so wonderful. My father looked forward to the visits and when my father died, the chaplain gave the service. It was so personal and loving."

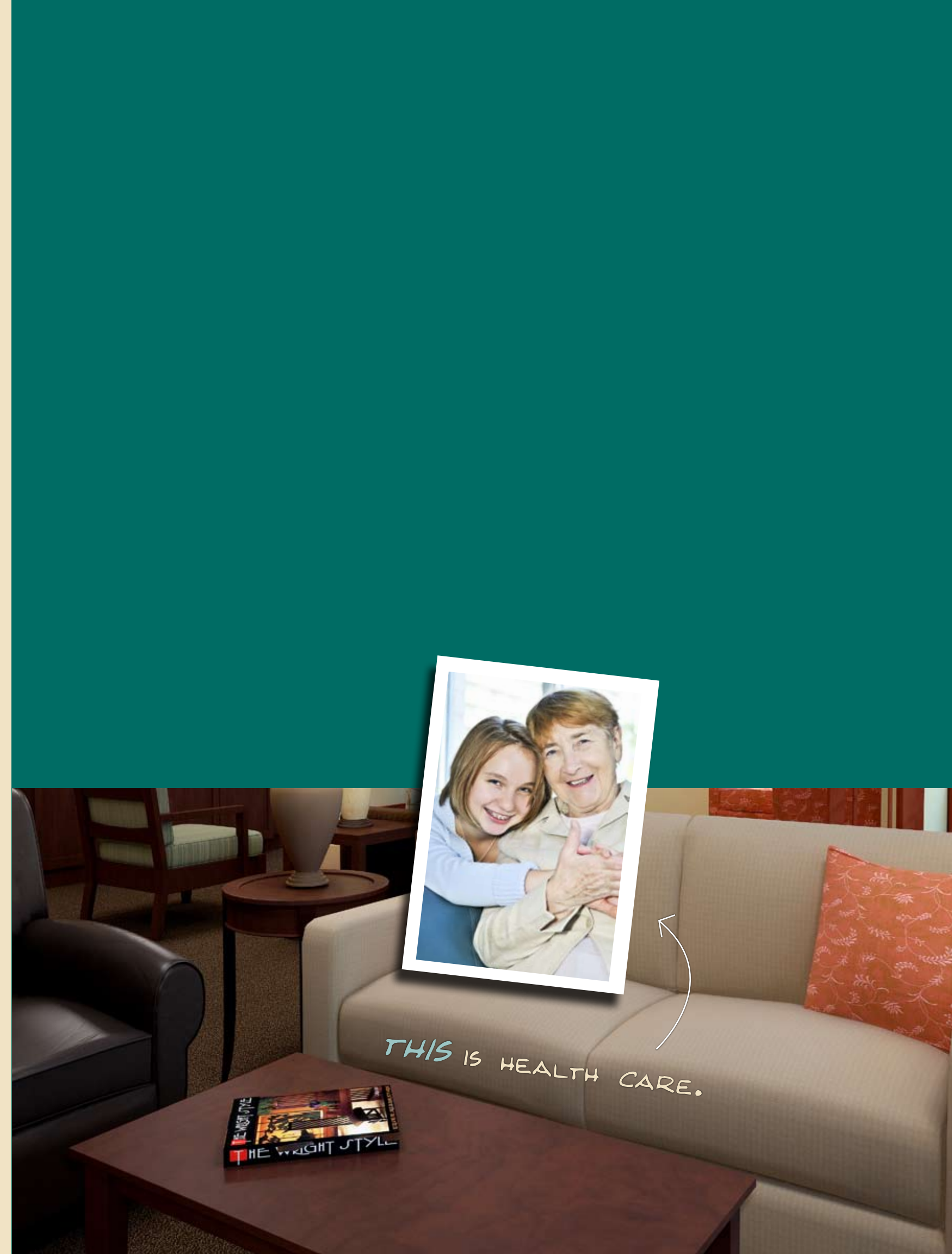
"This organization provided care and medication for my wife after she was diagnosed with terminal cancer. It is impossible for me to remember, or even to know, all that OSF Hospice did for her. The hospice staff was available at every hour of the day or night."

"Each day his needs were evaluated and appropriate care given based on those needs. We watched the staff meet his needs with tender loving care. His feelings and fears were respected at all times. If this same situation were to arise again in our family, we would not hesitate to call upon the Hospice organization for help and support. Thank you, OSF Hospice, for the way you helped our father die with dignity, surrounded by the people who loved him."

"I have struggled with my grief for two years and still go to the OSF Hospice group grief counseling. It has helped me so much and sharing it with others has made me not feel so alone."

"After my husband died, I was so appreciative of the love and care I received from (OSF) Hospice that I trained to be one of their volunteers. It is so rewarding to help someone now as I truly understand how the families feel."

"My sister was so afraid her children would forget her when she died. The social worker and volunteers helped her make memory books for each of the children and tape videos of her reading books for them. They also helped her write a letter for each of her children to receive on their birthday each year until they were grown. She was so grateful and it gave her such comfort."





OSF Home Care Services is a division of OSF Healthcare System and OSF Saint Francis, Inc. and includes these core services: Hospice, Home Health, Home Medical Equipment, Home Infusion Pharmacy, Physician House Calls, Private Home Care, Personal Response System and Diabetes Supply. OSF Home Care Services manages the Hospice Home under its Hospice program.



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